

St. Mary's Presents



Thursday, May 9th, 2024
@ St. Mary's High School

5:30 pm
Refreshments

6:00 pm
Live Virtual Presentation
w/ Dr. Alison Yeung
(Alumni Hall)

An evening with
Dr. Alison Yeung, M.D.



SMARTPHONES, SOCIAL MEDIA & THE MENTAL HEALTH EPIDEMIC

Topics include:

- Current state of youth mental health
- Social Media: The Association
- The role of Dopamine
- Signs & Symptoms of overuse/addiction
- Healthy Boundaries for Tech

**Please register below
to attend**

